



#saferballer

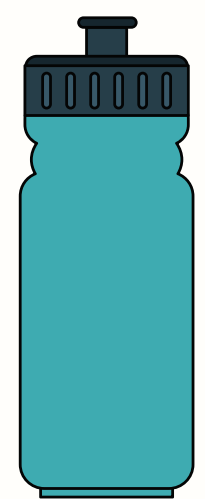


USE HAND SANITISER

Before you start training



At every break in training



Before you leave training

